The Paragon Panthers Team Program

If your child would like to be part of a gymnastics team, but the five-night training commitment is NOT for you, Paragon Gymnastics has the alternative you have been waiting for...The Paragon Panthers Team!

Who are the Paragon Panthers?

The Paragon Panthers is an intramural team, open to girls first grade and up who can demonstrate maturity and skill readiness needed for participation and competition. All students are evaluated for readiness during a try-out session on skills, maturity, attention span, and the ability to interpret direction and make changes.

How Does the Panther Program Work?

Students request to be considered for the Paragon Panthers Team by contacting the office and scheduling a date for an evaluation try-out. Team levels are created by ability. After the student is evaluated, the parent is contacted with the practice days and times that are available.

Once the student has joined, the complementary items that are listed below will be distributed approximately 3 weeks after the first scheduled practice.

- One Paragon Panthers Team Backpack
- One Paragon Panthers Team Handbook
- One Paragon Panthers Team Water Bottle

F.A.Q.

Panther Team Attire

The Paragon Panther Team leotard is required and must be worn to each training practice. Leotards are available for purchase through the office. Panther shorts are optional.

Snow Days

Paragon will only be closed if the Norwood Police advises that traveling is unsafe. Paragon will e-mail our customers of any closings or delayed openings. You can also check our website, or telephone us to hear a recorded message about any closings or delayed openings. Please contact us to schedule your make-up and time.

Make-Up Classes

Make-Ups are given for absence and for missed classes due to snow days, inclement weather or unforeseen circumstances beyond our control. You must be enrolled to participate in a make-up class. WE DO NOT credit or refund for any missed classes. Missed classes must be made-up within <u>6 weeks of the absence</u>. All make-ups expire at the start of the summer session and <u>cannot be rolled over to the next school year</u>. Additional make-ups or scheduling consideration can be arranged for extended illness, or extenuating circumstances. Please contact the office for details.

F.A.Q. Continued

Annual Meet

The end of the season Panther Meet is held in the spring. The date and time is announced approximately two months in advance. This is a special event when friends and family are welcome to attend and support each team member as they demonstrate their skills in front of judges and their peers and receive awards for the hard work and achievements they have accomplished all year.

Injuries

Any child returning to Paragon after an injury or surgery MUST submit a Doctor's note. This very important policy is in our student's best interest, but is the sole responsibility of the parent or guardian. Please always check with your doctor and explain about movements specific to gymnastics such as rotating upside down, landing impact, stretching, cardio, and strength movement before you allow your child to return.

Illness

Please do not send your child to class if they were not feeling well enough to attend school. Please schedule a make-up class. We can NOT accept walk-ins for make-ups. No exceptions.

Private Lessons

Private	Semi-Private	Semi-Private
(1 person)	(2 People)	(3 People)
1/2 hour - \$50	1/2 hour \$60	1/2 hour \$75
45 min - \$65	45 min - \$75	45 min - \$90
1 hour - \$80	1 hour \$90	1 hour \$105

IMPORTANT DETAILS

- Panther Team members must be evaluated for proper placement.
- Panther Team members must attend 2 practices per week. Payment is due the 1st of each month.
- Panther Team members must follow the rules, regulations, and sportsmanship policies of the team handbook.
- Panther Team members must come to each training practice fully prepared and wearing the Panther Team leotard
- Panther Team members must bring their necessary equipment in the Paragon Panthers Team backpack.
- Meets are held annually, right here at Paragon Gymnastics! Dates will be announced approximately 2 months prior to the meet.
- Practices offered Monday through Friday
- Times are determined by skill level. (Sorry special requests to be with a particular friend or coach are not permitted. NO EXCEPTIONS)
- The annual registration fee applies to all programs for each student who attends

BILLING AND PRICING

Billed monthly

Month	Price	Price Adjustment
September	\$273.60	
October	\$273.60	
November	\$273.60	
December	\$205.20	(3 weeks - winter recess)
January	\$273.60	
February	\$273.60	
March	\$273.60	
April	\$273.60	
May	\$273.60	
June	\$205.20	(3 weeks)

EQUIPMENT & FEES

Evaluation Fee: \$20.00 Leotard Fee: \$39.99

Soft Grips/Wrist Bands (set) \$25.00 Dowel Grips/Wristbands (set) \$45.00

Wristbands (only) \$4.00

(The coach will notify you if and when your gymnast needs grips. Grips must be measured to specifically fit the gymnast)

ACCESSORIES

Panther Shorts - \$19.99

10% Discount for siblings

A registration fee, signed waiver, and signed policy form is required for EACH student to be eligible to attend.

Dates we are closed 2019 - 2020

Halloween - October 31st

Thanksgiving - November 28^{th} – December 1^{st}

Winter Recess - December 19^{th} - January 1^{st}

Memorial Day - May 25th

Panthers Intramural Team 2019- 2020





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Program Brochure for September - June